# Radiology Bowel Prep

<table>
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<tr>
<th>Name:________________</th>
<th>Appointment date:____________</th>
<th>Check In Time:____________</th>
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## 2 - 4 Days Before Radiology Procedure

- **Purchasing the following items at any pharmacy**
  - **✓ One bottle Magnesium Citrate**
    - (300 cc, 17.45 grams)
  - **✓ One Bisacodyl Suppository**
  - **✓ Four (4) Bisacodyl Enteric Coated Tablets (5mg)**

## 1 Day Before Radiology Procedure

- **✓ You may take all prescription medications.**
- **NO SOLID FOOD**
- **Clear liquids**

### BREAKFAST
- Clear liquids

### LUNCH (12:00 PM)
- Clear liquids
  - 1:00 PM Drink one full 8 ounces of water
  - 2:00 PM Drink one full 8 ounces of water
  - 3:00 PM Drink one full 8 ounces of water
  - 4:00 PM Drink one full 8 ounces of water

### DINNER (5:00 PM)
- Clear liquids
  - 5:30 PM One Bottle Magnesium Citrate
    - Mix as directed and drink entire content.
  - 6:00 PM Drink one full 8 ounces of water
  - 7:00 PM Drink one full 8 ounces of water
  - 7:30 PM Take 4 Bisacodyl Tablets
  - 8:00 PM Drink one full 8 ounces of water
  - 9:00 PM Drink one full 8 ounces of water

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## Day of Radiology Procedure

- **DO NOT EAT OR DRINK**

### 2 Hours Before Procedure

- Insert Bisacodyl Suppository as directed. Retain suppository for at least 15 minutes, if possible, before evacuating.

### DO NOT EAT AFTER 9:15PM

### After the Procedure, you can resume your normal daily activities.

- **Women:** Always inform your doctor or Technologist if there is any possibility that you are pregnant.

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*It is very important to complete all parts of the prep according to the schedule for the best quality exam. If you have trouble completing any of the steps, please call in advance of your exam to determine whether to proceed*

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**If you have questions, please call Radiology Department**

- (206) 223-6901 (Seattle)
- (253) 874-1620 (Federal Way)