# Interventional Radiology (IR) - Myelogram Preparation Instructions

**Important Phone Numbers:**  
Radiology Nurse: 206-341-0152  
Radiology Scheduler: 206-583-6591

| Name: _______________________  Date: ______________  Check-in Time: __________ at Radiology, Buck Pavilion Level 5 |
|---|---|---|

## 7 days before procedure

- **If you take Coumadin (Warfarin) or Plavix (Clopidogrel), call the radiology nurse.**

You may need to stop these medicines several days before the procedure. The Radiology nurse will call your prescribing doctor or anti-coagulation clinic nurse for permission and instructions to stop these medicines. You will be contacted with instructions. Your doctor may prescribe an alternate medicine for your safety while you are off your Coumadin or Plavix.

- **The Radiology Nurse will call you this week to review your instructions, make sure any required lab studies are done, and answer any questions you might have. Feel free to call the nurse directly if you wish.**

## 5 days before procedure

- **You will not be permitted to drive after your procedure.** Arrange for a responsible person to drive you home.

- **Call the radiology nurse if you have questions.**

- **Call the radiology scheduler if you need to cancel or change your appointment.**

## 3 days before procedure

- **If you take Aspirin, Plavix, Aggrenox, or Ibuprofen, STOP for the 5 days preceding your procedure.**

- **You must also stop all anti-depressant medicines, as well as all psychiatric medicines 2 days before your procedure.**

- **You should not take these medicines for 24 hours after the procedure. Call the radiology nurse with a list of your medicines if you are in doubt.**

## Procedure day

- You may have a light meal up to 2 hours before your procedure.

- **Drink plenty of clear liquids until 2 hours before your procedure.**

- **Allow about 1 hour for your recovery.**

- **Review the procedure day instructions.** If you have not yet talked to the radiology nurse, or you have any questions, contact the nurse.