In 2017, Bailey-Boushay House celebrates 25 years of service to the community. When we opened in 1992, AIDS was an epidemic affecting people from all walks of life, young and old, rich and poor. Many people with AIDS did not know if the next day would be their last so they lived one day at a time. Many of them, until they found Bailey-Boushay House, had no help in coping with their illness and they suffered needlessly. We were privileged in the early days of the epidemic to be a beacon for so many and are grateful today to be able to continue our mission of compassionate care.

**Bailey-Boushay House History**

In the 1980s, acquired immune deficiency syndrome (AIDS) cases were mounting in King County and the rest of the country. But while AIDS cases were rapidly rising, hospitals were balking at the prospect of handling all the new cases. At the same time, individuals, government medical programs, and insurance companies were contemplating how to deal with hospital costs of $600 to $800 a day. With a small stipend from a Robert Wood Johnson Foundation grant, the idea for Bailey-Boushay House was ignited and money was eventually raised to make it a reality in 1992.

HIV/AIDS has now evolved from an “always fatal” to a “chronic” disease and Bailey-Boushay House has evolved, too. Today, we are a place of hope and stability for people with AIDS as well as those living with other life-threatening conditions. More than anything, Bailey-Boushay House is a place for people who want to live every day to the fullest in a caring and compassionate community.

**Outpatient Program**

The Bailey-Boushay House Outpatient Program specializes in serving individuals with HIV who need more physical and emotional support than is traditionally available. Most program participants have many complicating life factors in addition to HIV, and other chronic health issues. They may struggle with isolation, mental illness, substance use or abuse, and have problems maintaining housing or dealing with other issues that impede their ability to get help and stay healthy.

Our primary purpose is to ensure that clients take their medications as prescribed and follow the medical guidelines they have been given by their health care providers. Our ultimate goal is to provide every person with HIV equal access to positive outcomes (defined as undetectable HIV viral load), optimum physical and psychological health, a stable living situation, adequate nutrition and supportive social connections.

All services are free to clients with income under 300 percent of the federal poverty level.

**The Outpatient Program provides:**

- Nursing services/social work/care management
- Psychiatric care and mental health support
- Harm reduction counseling and group support
- Registered dietitian services and three meals daily
- Physical, occupational and recreational therapy
- Spiritual care
- Life skills education
- Housing stability support
- Groups dedicated to art and other client interests
- Exercise and movement activities
- Haircuts, monthly outings and movies
- Phone, computer and Internet access
- Monthly ORCA pass subsidy
- Access to a shower, laundry, lockers and a place to rest

**Inpatient Program**

Bailey-Boushay House specializes in the complex nursing care needs of people with advanced AIDS and HIV-related diseases, with a staff-to-patient ratio not provided in other facilities. Our intensive nursing care model also serves people with and without AIDS who require end-of-life care, including those with:

- Amyotrophic lateral sclerosis (ALS or Lou Gehrig’s disease)
- Huntington’s disease
- Any illness limiting a person’s life expectancy to less than three months

In addition, outpatients experiencing episodes of acute illness requiring 24-hour skilled nursing care may enter the inpatient program to regain their health and return to outpatient care. This has proved to be a successful model for the best of patient care in the best environment possible.

**Inpatient Program services include:**

- Treatments by occupational, physical and speech therapists to increase function and wellness
- Individual and group counseling by experienced social workers
- Opportunities to exercise, make art, enjoy music and socialize under the guidance of recreation therapists
- Spiritual guidance from a chaplain
- Food program and nutritional counseling supported by a dietitian
- Psychiatric care from an in-house psychiatrist and dedicated social workers

Clinicians at Bailey-Boushay House treat the whole person, not just the diagnosis. Patients facing the end of life are supported medically, emotionally and spiritually in an environment that emphasizes quality of life.